

PRAYER WALK WEDNESDAYS...

Prayer Walking is a great way to get active both physically and in prayer! It's as simple as it sounds - you pray as you walk! During the month of June, we'll be running Prayer Walk Wednesdays (beginning Wednesday 2nd June). Here's how they'll work:

➔ **Before coming.** Download this Prayer Walking Resource onto your phone (or print it out), particularly the pages giving prayer prompts (thanks to the Evangelical Alliance for these). While you probably won't have this open in front of you on the night, it will give you some ideas as to what to pray for as you walk.

➔ **Starting together.** We'll meet each Wednesday at 8.00pm in the church car park or at some other car park in town for a brief introduction. Just show up! Venues will be confirmed each week.

➔ **Going in small groups.** We'll split into smaller groups (threes works best). That way it's not as intimidating or conspicuous as a large group, while it's safer (and more enjoyable) than people going on their own. If you come as a ready-formed group (e.g. your Huddle) that's fine. If you come alone, we'll place you in a group.

➔ **Deciding your route.** We'll provide a few route suggestions each week (suitable for varying levels of fitness). Or you can simply ask the Holy Spirit to lead you each week!

➔ **Be attentive** to who you walk past; as you smile, greet and safely interact, consider what God might be doing in their lives.

➔ **Praying the positive.** As you walk past various neighbourhoods / buildings / points of interest / people / situations, be attentive to God's presence and as a group pray over what you see - asking for God's kingdom to come and will be done. This is where reading this Prayer Walking Resource in advance will be helpful. Use these prayers as examples to inspire your own words to God. PS - you can keep your eyes open and keep walking at the same time as praying!

➔ **Ending together.** We'll meet back at the relevant car park at an agreed time (usually around 9.00pm) and will take time to briefly share what we've seen, felt, prayed and heard from God.

Prayer Prompts on next pages >>>>

Neighbourhoods, streets, communities

- ➔ We thank you for the neighbourhood in which you have placed us.
- ➔ We pray for good relationships, trust and support within this place.
- ➔ Show us where we can offer ourselves in welcome, friendship and hospitality among these people.
- ➔ We pray for those who have no homes, no people and no sense of belonging. May they not be forgotten in this time of crisis. Help us to be quick to meet the needs of the most vulnerable.

In Jesus' name, Amen



Church

- ➔ We thank you for the presence of all your people who gather in this place. May we be one, as you are one.
- ➔ We ask you to gift each leader with imagination and creativity to find new models of ministry in this strange season. Enable them to form your people in worship, to proclaim the kingdom, to care for unique needs. Keep them close to you.

In Jesus' name, Amen



Councils, government offices

- ➔ We pray for those who make decisions for this country and this city – for politicians, council members, department heads and public leaders. Grant them with wisdom, compassion, integrity and health.
- ➔ We pray for unity of purpose. May they not be overwhelmed by the responsibilities placed upon them.
- ➔ Give them eyes to hear the cries of the vulnerable. For your people in these places, strengthen their hands as they seek the welfare of our country at this time.

In Jesus' name, Amen



Families

- ➔ We thank you and pray for our families. We pray for those living without family just now, disconnected and missing those they love.
- ➔ We pray for parents juggling school, work and home in a time of pressure. We ask you to strengthen marriages amid this extra stress.
- ➔ May we, in your power, offer a spirit of joy, love, peace, harmony, patience and forgiveness.

In Jesus' name, Amen



Local businesses

- ➔ We bless the local businesses that serve and connect our community day to day.
- ➔ We pray for business leaders to be creative, compassionate, generous and honest in these challenging times.
- ➔ We thank you for the government support packages.
- ➔ We pray for protection on all staff who continue to work. May we be thoughtful consumers, committed to the good of this local community.

➔ Lord, we pray for those furloughed, closed businesses, for the unemployed today, those who face job loss, who live under financial pressure. Help us to see individual needs and lead us into a spirit of radical generosity in this time of crisis.

In Jesus' name, Amen

Legal offices, police, courts

- ➔ We thank you, God of justice, for the systems of justice in place in this country. We pray for all who work to ensure justice during this time. We pray for police services which seek to protect the good of society. We pray for their protection and their health.
- ➔ We pray for justice for the oppressed, particularly those who suffer domestic violence. May we be swift to overcome evil with good.

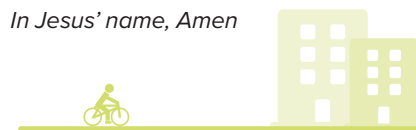
In Jesus' name, Amen



Schools

- ➔ We pray for this school community, the building now empty and closed. We pray for teachers providing lessons in new ways. We pray for children and young people studying at home, many at key transition times.
- ➔ We pray blessing over the formation of young minds and characters in this season. May this generation be engraved with the need to remember their Creator.
- ➔ We pray for families that face additional challenges of disability and special needs – the many parents exhausted and children struggling. Give them your strength, your peace.

In Jesus' name, Amen



Graveyards

- ➔ We pray for the bereaved and broken-hearted today – many who never had a chance to say goodbye or attend a funeral. Help them know your presence, deeper than words.
- ➔ We pray for church leaders who shape funeral services; gift them with your wisdom, your words.
- ➔ Reveal yourself in the fragility of human life, stir a hunger in our community that only you can fill, and lead us to witness, speak and point to you in the place of pain.

In Jesus' name, Amen



Play parks, leisure / community centres and mental / emotional health

☞ We thank you for these places of creativity, connection and fun, once full of playing and laughter, now empty and closed.

☞ We pray for those struggling with mental and emotional health and isolation – for those who live day to day, gripped by fear, far from laughter.

☞ Light of the world, penetrate the darkness today. May we be quick to draw near, to bring your comfort, your hope on a dark day.

In Jesus' name, Amen



NHS: GPs, chemists, clinics, hospitals

☞ We thank you for the healthcare we enjoy in this country and call out for mercy for those with much less.

☞ We pray for the hands of NHS workers to bring healing and wholeness to body and mind.

☞ We pray for scientific and medical understanding and responses to the virus to be developed quickly.

☞ Lord, we pray for each frontline staff worker who enters this place. We ask for protection from the virus, for wisdom as they care, and for stamina as they face new challenges.

☞ We pray for those undergoing or waiting for healthcare during this time. Lord, have mercy.

In Jesus' name, Amen

Spiritual awakening (1)

☞ We pray for your Spirit to stir our hearts, to give us eyes to see, ears to hear, hearts that seek first your kingdom in this place.

☞ Meet us with your perfect love which casts out fear, and gift us with faith in these uncertain days.

☞ Empower us, in your Spirit, to be your witnesses, to point to and speak of you where you are working.

☞ Open the door for opportunities to declare the mystery of Christ in this season.



Response

☞ We thank you for the blessing of family, home, friends, food, faith, security and health.

☞ As we pray, we make ourselves available to you, offering you all we have.

☞ As you have blessed us, may we be quick and ready to bless others.



Nursing homes and elderly residences

☞ We pray a blessing over this home that brings care and community to the elderly as the virus strikes hardest here.

☞ We pray for all who work in this community, and ask for your strength, energy and protection as they bring your caring touch.

☞ We pray for the elderly, disconnected from loved ones. May they be drawn to your presence, have access to your word, and meet you in the silence.

☞ We pray for those living with dementia. We ask for your presence to bring order over inner chaos and security over confusion.

☞ Give us eyes to see, hearts to love, words to speak, and hands to care for those near to us.

In Jesus' name, Amen

Fields, nature, agriculture

☞ In this space, we focus on the beauty of your creation. The birdsong reminds us of your fatherly watch over us.

☞ We hear the groaning of creation and we join with your Spirit and creation with expectation for the new creation.

☞ Give us today our daily bread. We give thanks for the abundance of food we enjoy in this country and ask for mercy on the increasing numbers of people who go hungry in our towns and cities and across the world.

☞ As you have blessed us in your abundance, move us to bless others abundantly in this way. Lord, have mercy.

In Jesus' name, Amen



Spiritual awakening (2)

☞ Reveal yourself in the fragility of human life. Stir a hunger in our community that only you can fill.

☞ As we celebrate the goodness of humanity, and cheer on our frontline workers, stir up questions to which you are the only answer.

☞ As we struggle and juggle a new way of life, as we face similar fears, may we come alongside the people in this place and be ready to share the hope that we have.

Yours is the kingdom, the power and the glory, forever and ever.

Amen



On return home

“May God be gracious to us and bless us and make His face shine on us – so that your ways may be known on earth, your salvation among all nations.

May the peoples praise you, O God; may all the peoples praise you.”

(Psalm 67:1-3)

